



# St. Tikhon's Summer Camp



## Policies and Guidelines Reducing The Risk of COVID-19 at Camp

Please take time to read the Guidelines and Rules below. It is important for all our families and campers to be informed about what to expect at camp and what the camp expects. If you have any questions or concerns, please contact the camp at (484) 983-7349 or [info@sttikhonscamp.org](mailto:info@sttikhonscamp.org).

*While the infection rates for COVID-19 have decreased dramatically, the camp must have protocols in place to protect the campers and counselors. The camp has always had a communicable disease plan. This year we are including plans for Covid-19. Recommendations from the Department of Health, the Center for Disease Control and Prevention (CDC) and the American Camping Association (ACA) will be followed to minimize the risk of communicable disease for ALL participants at camp.*

### **Mask Wearing, Vaccinations and Other Risk-Reducing Techniques**

#### **Will your camper be required to wear a mask?**

No! Mask-wearing is now optional for all campers and Staff. Campers and Staff will certainly be allowed to wear masks if they choose, but they will not be required to wear masks. During sports outside, neither campers nor staff will be wearing masks due to other risks related to the summer-time temperatures.

#### **Will your camper be required to be vaccinated for Covid-19 in order to come to Camp?**

No! Camp is not mandating campers be vaccinated in order to attend camp.

#### **Will your camper be required to be Covid-19 tested before they come to Camp or when they arrive at Camp?**

No, but each camper, counselor, and visitor will be required to fill out a screening form upon arriving on campus. Please see below for important information prior to coming to camp.

### **Personal hygiene/hand-washing/hand sanitizing**

It is very important for campers and counselors to wash their hands throughout the day to keep the entire camp healthy. Campers and staff will be asked to wash their hands as they move from activity to activity and before and after every meal.

### **Limiting Time Indoors**

While there will be indoor camp activities, activities and meals will be structured to be outdoors as much as possible. Campers should come more prepared this year to enjoy the outdoors!

### **Before Arrival**

To help reduce the risk of spreading infection, the camp is requesting campers, staff, volunteers and clergy alike to do the following **BEFORE** they arrive at camp:

A. Be socially responsible. To the extent possible, limit contact with others outside of your household for the 5-7 days prior to your arrival at camp. Again, this is simply a way to remain healthy **PRIOR** to camp, and reduces the likelihood of not being healthy when you do arrive.

B. Make sure your child is healthy when they arrive at camp! **DO NOT** send your child to camp if they experience any of the following symptoms without notifying the camp to review the illness with you and determine if it is safe for your child to attend camp:

**-Fever or chills,**

If your child has had a fever (**higher than 100.0 F**), that fever must return to normal, without the help of fever reducing medication. The camper must be fever free **48 hours before arriving at camp.**

**-Cough, muscle or body aches, fatigue, headache, new loss of smell or taste, sore throat, loss of voice, an unexplained rash**

C. Of course, if your camper has other symptoms that would indicate they are sick, please do not send them to camp. The same is true for all Staff, Clergy and Volunteers. This is the most important way to ensure a fun, safe and healthy summer for our kids at camp.

D. If your child has been in close contact with someone who has a confirmed case of COVID19, please follow the CDC Guidelines about quarantining and isolating.

guidelines can be accessed at:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantineisolation.html>.

**Please be in contact with the camp before you arrive in the event your child has been in close contact with someone who has a confirmed case of COVID-19. The guidelines indicate that exposure does not necessarily preclude attending camp, but making the camp aware is an important part of maintaining a healthy camp.** The camp will be required to follow its communicable disease plan to make a decision about admittance. If they have been in close contact with a person who has been diagnosed with COVID-19 in the last 10 days prior to camp, the camp needs to be informed (via call or email) as soon as possible, again, the camp will follow its plan to make a decision about admittance.

4. Finally, if your child has tested positive for Coronavirus, they cannot attend camp for 10 days after testing positive and they must be symptom free for at least 2 days prior in order to attend. **If your child tests positive on or after June 23rd, please notify the camp to discuss further directives for attending the camp program.**

#### **At Check-in:**

Upon arrival to camp, all campers and parents will meet with the medical staff first to do a medical screening. Following the screening staff will guide you and your child/children through the remainder of the registration process

#### **\*\*Important\*\***

**If someone other than the parent or guardian is dropping off the camper(s) to camp, the parent or guardian must be available by phone to answer the questions for the medical screening process.**

#### **Back at Home:**

After you return home, camp recommends you do the following:

1. Make sure you follow your State's (your Local's) guidance about traveling after returning home.
2. Monitor yourself (your camper) for symptoms related to COVID-19. 3. If you develop symptoms related to COVID-19 or test positive for COVID-19 within 5 days of returning home, please contact the Camp immediately so that we can start contact tracing.

#### **Medical Procedures and Policies**

The camp has updated its Communicable Disease Plan to reflect the most current information available regarding COVID-19. Many of the components of that plan were described above in the “Mask-Wearing and Other Risk-Reducing Techniques” section. The most important of those components is monitoring your camper’s health PRIOR to their arrival and ensure they come to camp healthy. If a camper, or any other member of the Camp community, develops symptoms related to COVID-19, or any other communicable disease, they will be quarantined and monitored closely by our medical staff. If a camper or camp staff member is suspected of having covid, a rapid test will be done. Based on the test and the symptoms of the camper or camp staff member, the individual may have to be sent home. In the event of a camper becoming ill, the camper’s family will be contacted immediately, to discuss the recommendations of the camp’s medical staff.

### **Coronavirus Resources**

Centers for Disease Control and Prevention (CDC) American Camp Association (ACA)  
Association of Camp Nurses (ACN) Not all of the Resources listed here have updated their websites to reflect the most current statistics regarding COVID-19. Please continue to re-visit these pages for the latest information.